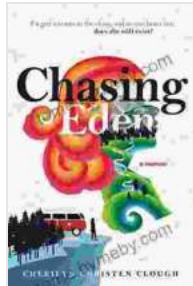


Chasing Eden Memoir by Cherilyn Clough: A Journey of Self-Discovery, Empowerment, and Inner Healing

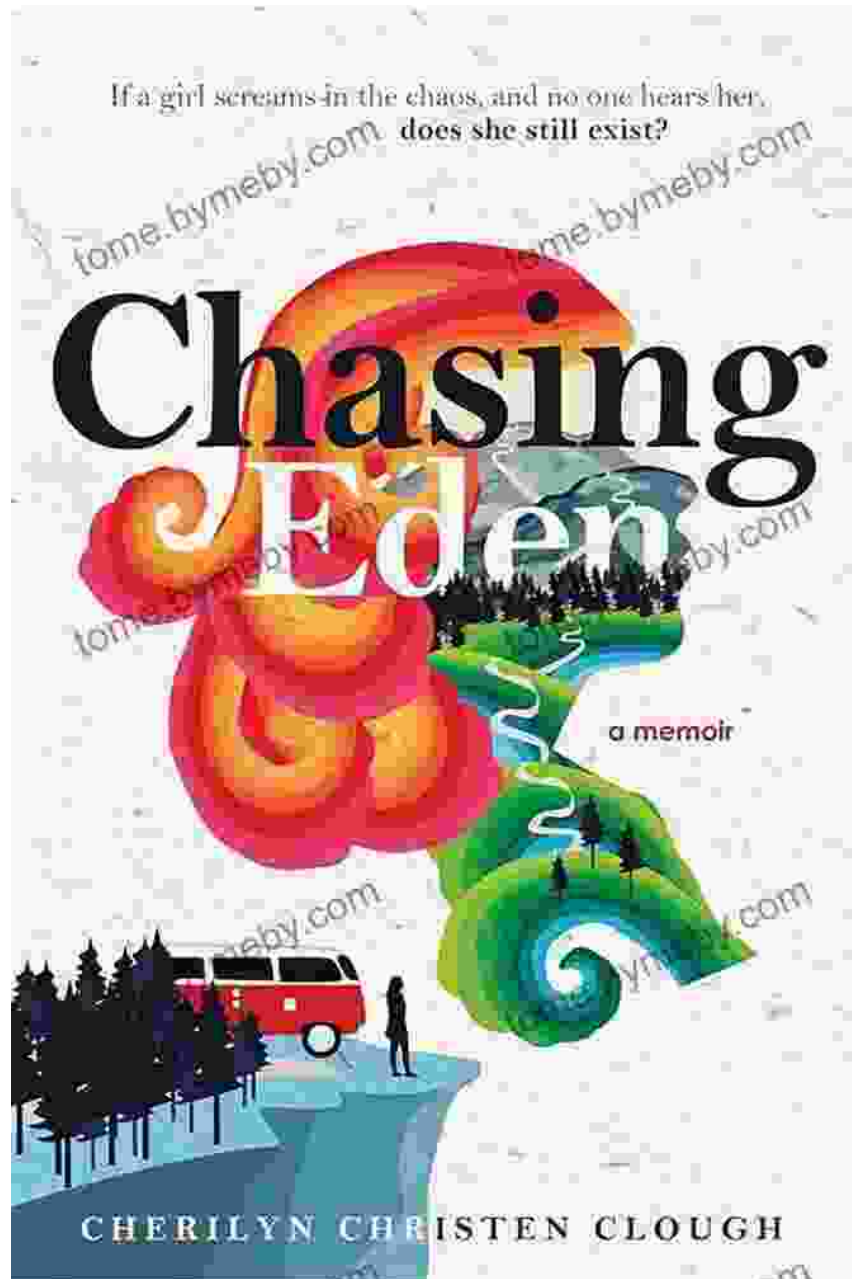


Chasing Eden A Memoir by Cherilyn Clough

★★★★☆ 4.4 out of 5

Language	: English
File size	: 1681 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 488 pages
Lending	: Enabled





In her compelling memoir, 'Chasing Eden,' Cherilyn Clough invites readers on a deeply personal journey of self-discovery, empowerment, and inner healing.

Drawing from her own experiences with trauma, addiction, and ultimately finding her true purpose, Clough's powerful narrative offers hope and

inspiration to anyone seeking to overcome adversity and live a more fulfilling life.

From the depths of despair and addiction, Cherilyn Clough emerged with a newfound sense of purpose and a burning desire to help others heal. Her memoir, 'Chasing Eden,' is a raw and honest account of her struggles, triumphs, and the lessons she learned along the way.

With unflinching vulnerability, Clough shares her experiences with sexual abuse, neglect, and the destructive cycle of addiction. She paints a vivid picture of the pain and trauma that shaped her early life, but she also shows how she found the strength to break free from her past and create a better future for herself.

Through her journey of recovery and self-discovery, Clough discovered the power of forgiveness, compassion, and self-love. She learned to embrace her own unique gifts and talents, and she found a way to use her experiences to help others heal.

In 'Chasing Eden,' Clough offers a roadmap for anyone seeking to overcome adversity and live a more fulfilling life. She shares practical tools and techniques for coping with trauma, addiction, and other life challenges. She also provides a powerful message of hope and inspiration, reminding readers that they are not alone and that healing is possible.

For anyone who has ever struggled with adversity, 'Chasing Eden' is a must-read. It is a story of resilience, hope, and the transformative power of self-discovery. Cherilyn Clough's journey of healing is an inspiration to us all, and her message of hope and empowerment will resonate with readers long after they finish the book.

About the Author

Cherilyn Clough is a certified trauma recovery coach, speaker, and author. She is passionate about helping others heal from trauma and addiction, and she uses her own experiences to inspire and empower others.

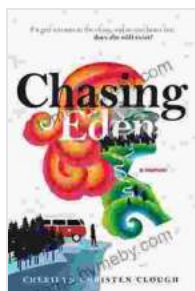
Cherilyn has been featured in numerous media outlets, including The Huffington Post, Forbes, and Thrive Global. She is also the founder of the 'Chasing Eden' movement, which provides support and resources to trauma survivors.

To learn more about Cherilyn Clough and her work, visit her website at www.cherilyncough.com.

Buy the Book

Chasing Eden is available in paperback and ebook formats on Our Book Library and other major retailers.

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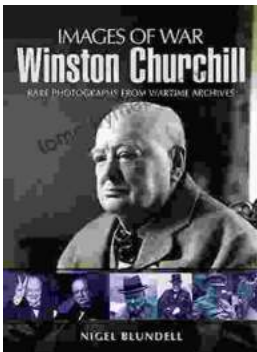
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