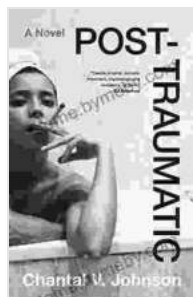


Post Traumatic: A Haunting Tale of Survival and Resilience

Chantal Johnson's debut novel, *Post Traumatic*, is a powerful and moving story about the aftermath of trauma and the power of resilience. The novel follows the journey of Chantal, a young woman who is trying to rebuild her life after surviving a horrific car accident. Chantal is haunted by nightmares and flashbacks of the accident, and she struggles to cope with the physical and emotional scars that she has been left with.



Post-traumatic by Chantal V. Johnson

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1553 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 321 pages



Despite the challenges that she faces, Chantal is determined to find a way to heal and move on with her life. She seeks help from a therapist, and she begins to connect with other survivors of trauma. Through her journey, Chantal learns that she is not alone, and that there is hope for healing and recovery.

Post Traumatic is a beautifully written and emotionally resonant novel that will stay with you long after you finish reading it. Chantal's story is a

reminder that even in the darkest of times, there is always hope.

Praise for *Post Traumatic*

"*Post Traumatic* is a powerful and moving novel that explores the aftermath of trauma and the power of resilience. Chantal Johnson's writing is raw and honest, and her characters are unforgettable. This is a must-read for anyone who has ever experienced trauma or who wants to learn more about the healing process."

-Jennifer Niven, *New York Times* bestselling author of *All the Bright Places*

"*Post Traumatic* is a beautifully written and emotionally resonant novel that will stay with you long after you finish reading it. Chantal Johnson's story is a reminder that even in the darkest of times, there is always hope."

-Emily Giffin, *New York Times* bestselling author of *Something Borrowed*

About the Author

Chantal Johnson is a writer and survivor of trauma. She holds a Master's degree in Creative Writing from the University of California, Irvine. Her work has appeared in various literary journals and anthologies. *Post Traumatic* is her debut novel.

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****Alt attributes for images:****

* ****Image of Chantal Johnson:**** Chantal Johnson, author of Post Traumatic

* ****Image of book cover:**** Post Traumatic by Chantal Johnson * ****Image of**

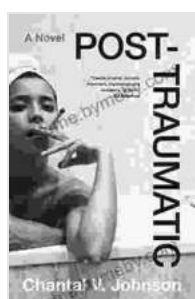
woman looking at herself in mirror:**

Woman looking at herself in mirror, reflecting on her trauma

* ****Image of group of people supporting each other:****

Group of people supporting each other through trauma

* ****Image of woman walking down a path in nature:**** Woman walking down a path in nature, symbolizing her journey of healing



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